

The Willows Weekly Menu

February 24 – March 2, 2019

	SUNDAY 24	MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 1	SATURDAY 2
BREAKFAST	Scrambled Eggs Yogurt Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Pancakes Bacon Continental: Oatmeal, Fruit Cold Cereal Toast	Scrambled Eggs Peaches Seven Grain Toast Special Breakfast Building 3 & 4 Omelet, Seven Grain Toast	Scrambled Eggs Fruit Cup Blueberry Muffin Continental: Oatmeal, Fruit Cold Cereal Toast	Biscuits & Sausage Gravy Sausage Patties Orange Wedges Continental: Oatmeal, Fruit Cold Cereal Toast	Scrambled Eggs Apricots Danish Special Breakfast Building 1 & 2 Omelet, Danish	French Toast Sausage Links Continental: Oatmeal, Fruit Cold Cereal Toast
DINNER	Beef Roast Mashed Potatoes Oven Roasted Brussel Sprouts Dinner Roll Lemon Bar	Roasted Chicken With Potatoes & Carrots Fresh Bread Caramel Macchiato Cheesecake	Pork Roast White Rice Green Beans Dinner Roll Cookie Bars Alt: Chicken	<u>Florida Strawberry</u> <u>Shortcake Day</u> Turkey Roast Stuffing Roasted Broccoli & Cauliflower Fresh Bread Strawberry Shortcake	Goulash Vegetable Blend Dinner Roll Peanut Butter Cream Pie	Honey Mustard Chicken Au Gratin Potatoes Green Peas Fresh Bread Toffee Pecan Bar	Potato Crusted Tilapia Rice Pilaf Corn Dinner Roll Lemon Meringue Cake Alt: Beef
SUPPER	Tomato Soup Oven Fried Fish Sandwich Tossed Salad Pineapple Chunks Alt: Beef Patty	Vegetable Beef Soup Roast Beef Sandwich Broccoli Salad Potato Chips Watermelon	Chicken and Dumplings Mixed Vegetables Pear Half Ice Cream	Grilled Hamburger French Fries Baked Beans Red Grapes	Loaded Potato Soup Hot Ham and Swiss Croissant Cauliflower Salad Melon Medley Alt: Hot Turkey	Reuben German Potato Salad Pickle Spears Mandarin Oranges	Pulled Chicken Sandwich Macaroni & Cheese Vinegar Slaw Cookie Variety

Menu Subject to Change
Coffee, Tea, Milk, and Juice is available.

Juice of the week: PEAR JUICE

The Willows Weekly Menu

March 3 - 9, 2019

	SUNDAY 3	MONDAY 4	MARDI GRAS 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8	SATURDAY 9
BREAKFAST	Scrambled Eggs Fruit Cup Seven Grain Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Breakfast Casserole Yogurt Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Pancakes Sausage Links Continental: Oatmeal, Fruit Cold Cereal Toast	Scrambled Eggs Bacon Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Scrambled Eggs Peaches Raisin Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Scrambled Eggs Apricots Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Waffles Sausage Patties Continental: Oatmeal, Fruit Cold Cereal Toast
DINNER	Beef Stew Seven Layer Salad Fresh Bread Cran-Apple Cobbler	Turkey Roast Mashed Potatoes Green Beans Dinner Roll Pumpkin Pie	Rosemary Ranch Chicken Kabobs Red Beans & Rice Grilled Vegetables Fresh Bread King Cake	Beef Roast Baked Potato Carrots Dinner Roll Cannoli	Baked Ham Sweet Potatoes Corn Fresh Bread Frosted Banana Cake Alt: Chicken	Lemon Baked Pollock Au Gratin Potatoes Broccoli Dinner Roll Cherry Pie Alt: Beef	Fried Chicken Mashed Potatoes Vegetable Blend Fresh Bread Ice Cream Sundae
SUPPER	Cream of Broccoli Soup Turkey & Cheese Sandwich Cottage Cheese & Peaches Butterscotch Parfait	Stuffed Green Pepper with Sauce Mixed Green Salad Garlic Toast Grapes	Hot Ham & Swiss on a Croissant Pasta Salad Carrot Raisin Salad Melon Medley Alt: Beef & Cheddar	Chicken Salad Assorted Crackers Spinach Salad Orange Gelatin Peanut Butter Crispy Bites	Beef Hot Dog Baked Beans Potato Salad Pineapple	Cream of Chicken Soup Egg Salad Sandwich Tossed Salad Orange Wedges	Vegetable Soup Roast Beef & Cheddar Sandwich Potato Chips Heavenly Fruit Salad Brownie

Menu is Subject to Change depending on availability
Coffee, Tea, Milk, and Juices are available.

Juice of the Week: GRAPE JUICE

The Willows Weekly Menu

March 10 - 16, 2019

	SUNDAY 10	MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15	SATURDAY 16
BREAKFAST	Scrambled Eggs Pears Blueberry Muffin Continental: Oatmeal, Fruit Cold Cereal Toast	Scrambled Eggs Bacon Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Pancakes Sausage Links Continental: Oatmeal, Fruit Cold Cereal Toast	Egg & Cheddar Scramble Fruit Cup Danish Continental: Oatmeal, Fruit Cold Cereal Toast	Scrambled Eggs Mandarin Oranges Toast Continental: Oatmeal, Fruit Cold Cereal Toast	French Toast Sausage Patties Continental: Oatmeal, Fruit Cold Cereal Toast	Country Breakfast Oatmeal Bake Yogurt Bar Seven Grain Toast Continental: Oatmeal, Fruit Cold Cereal Toast
DINNER	Classic Pot Roast With Potatoes & Carrots Dinner Roll Lemon Cream Pie	Turkey Potato Au Gratin Roasted Brussel Sprouts Fresh Bread Carrot Cake	Country Fried Steak Mashed Potatoes Garden Seasoned Green Beans Dinner Roll Ice Cream	Pizza Variety Seven Layer Salad Garlic Bread Chocolate Tiramisu	Potato Chip Day Mini Hotdogs Fresh Fruit Cup Potato Chips & French Onion Dip Coconut Cake	Potato Crusted Tilapia Baked Potato Green Peas Fresh Bread Pie Variety Alt: Chicken	Chicken Stir Fry Fried Rice Vegetable Blend Dinner Roll Almond Cookie
SUPPER	Tomato Basil Soup Turkey-Croissant Lettuce & Tomato Pasta Salad Watermelon	Sloppy Joes Onion Rings Mixed-Greens Salad Oatmeal Cookie	Beef Noodle Soup Ham & Cheese Sandwich Broccoli Salad Dill Pickle Spear Grapes Alt: Beef	Bean & Ham Soup Chicken Salad with Crackers Macaroni & Cheese Tossed Salad Peaches	Bacon, Lettuce, & Tomato Sandwich French Fries Marinated Cucumbers Cinnamon Apples Alt: Turkey	BBQ Chicken Sandwich Potato Wedges Corn on the Cob Oreo Blondie	Butternut Squash Bisque Roast Beef & Provolone Sandwich Cole Slaw Orange Wedges

Menu Subject to Change
Coffee, Tea, Milk, and Juice is available.

Juice of the Week: BERRY JUICE BLEND

The Willows Weekly Menu

March 17 - 23, 2019

	ST PATRICK'S DAY 17	MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22	SATURDAY 23
BREAKFAST	Scrambled Eggs Fruit Cup Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Omelets Orange Wedges Seven Grain Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Pancakes Sausage Links Continental: Oatmeal, Fruit Cold Cereal Toast	Breakfast Casserole Yogurt English Muffin Continental: Oatmeal, Fruit Cold Cereal Toast	Quiche Peaches Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Scrambled Eggs Bacon Raisin Toast Continental: Oatmeal, Fruit Cold Cereal Toast	French Toast Sausage Patties Continental: Oatmeal, Fruit Cold Cereal Toast
DINNER	Corned Beef With Potatoes, Cabbage & Carrots Fresh Bread Lime Poke Cake	Turkey Stuffing Carrots Dinner Roll Peanut Butter Brownies	Ham & Scalloped Potato Casserole Brussel Sprouts Fresh Bread Apple Crisp Alt: Turkey	Chicken Marsala Herbed Fettuccini Winter Vegetable Blend Dinner Roll Cheesecake	Roast Beef Mashed Potatoes Green Beans Fresh Bread Strawberry Mousse	Grilled Catfish Red Beans & Rice Corn on the Cob Cornbread Lemon Poppy Seed Cake Alt: Beef	Apple Pork Loin Sweet Potatoes Roasted Asparagus Dinner Roll Almond Bar Alt: Chicken
SUPPER	Irish Potato Soup Ham Salad And Crackers Spinach Salad Rice Pudding Alt: Egg Salad	Cheeseburger Deluxe Macaroni & Cheese Baked Beans Watermelon	Chicken Tenders Hash-Brown Patty Green Peas Gelatin with Bananas	<u>FAMILY NIGHT</u> <u>Building 1 & 2</u> Chili Tossed Salad Cornbread Banana Pudding	Tomato Soup Turkey & Cheese Sandwich Carrot Raisin Salad Pineapple	Pulled Chicken Sandwich Potato Salad Cole Slaw Apricots	Hot Beef Sandwich Mashed Potatoes Mixed Vegetables Melon Medley

Menu is Subject to Change.
Coffee, Tea, Milk, and Juices are available.

Juice of the Week: APRICOT NECTAR

The Willows Weekly Menu

March 24 - 30, 2019

	SUNDAY 24	MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29	SATURDAY 30
BREAKFAST	Cheesy Eggs Bacon Sweet Bread Continental: Oatmeal, Fruit Cold Cereal Toast	Scrambled Eggs Peaches Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Pancakes Sausage Links Special Breakfast Building 3 & 4 Waffle Sausage Links	Scrambled Eggs Fruit Cup Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Breakfast Casserole Yogurt Raisin Toast Continental: Oatmeal, Fruit Cold Cereal Toast	Scrambled Eggs Bacon Danish Special Breakfast Building 1 & 2 Waffle Bacon	French Toast Sausage Patties Continental: Oatmeal, Fruit Cold Cereal Toast
DINNER	Beef Roast Baked Potato Glazed Carrots Fresh Bread Fruits of the Forest Pie	Roasted Turkey Stuffing Green Beans Dinner Roll Red Velvet Cake	Pork Loin Cinnamon Maple Squash Roasted Broccoli Fresh Bread Ice Cream Alt: Beef	Chicken Breast Red Potatoes Vegetable Blend Dinner Roll Brownie	Meatloaf Mashed Potatoes Corn Fresh Bread Key Lime Mousse	Lemon Pepper Cod Loin Au Gratin Potatoes Green Peas Dinner Roll Vanilla Cake Alt: Pork	Baked Ham Roast Sweet Potatoes Vegetable Blend Fresh Bread Apple Pie Alt: Chicken
SUPPER	Chicken Noodle Soup Turkey Sandwich Pasta Salad Pears Lemon Bar	Spaghetti & Meatballs Tossed Salad Garlic Bread Mandarin Oranges	Bacon Co-Jack Chicken Sandwich French Fries Apricots Snicker Doodle Cookie Alt: No Bacon	Hot Dog on Bun Hash Brown Patty Cole Slaw Melon Medley	Chicken Lasagna Mixed Greens Salad Breadstick Pineapple	Twice Baked Potato Soup Hot Turkey and Cheese Croissant Marinated Cucumbers Grapes	California Medley Soup Roast Beef Sandwich Tossed Salad Orange Wedges

Menu Subject to Change
 Coffee, Tea, Milk, and Juice is available

Juice of the Week: PINEAPPLE JUICE